



## The Camel Milk is Closest to the Human Milk

### **Description**

I do not claim it (camel milk) as the replacement of the breastmilk, but the closest in composition and activity, the camel milk is one of the most important food for infants after the mother milk. It has more water, lower but friendly lactose, free of protein allergies and rich with iron, making it the second-best choice after the breastmilk.



The Author with the Dairy Camels

This article will guide you to new findings of uncovering the potential of camel milk as the second choice after the breastmilk. The main task of this article is to tell you about the support and endorsement of my own statements regarding camel milk as natural therapy and the best option of feeding infants after the breastmilk. Sometimes, I have just to copy and paste paragraphs from an article (link available below) of a friend â€™Philippa Youngâ€™™ to tell you about the views of the people who are behind the camelsâ€™™ facts since years

[https://www.huffpost.com/entry/camel-milk-the-biggest-hu\\_b\\_773016?test\\_ad=readmo\\_test&guccounter=1&guce\\_referrer=aHR0cHM6Ly90LmNvL0x2Rlo1ZURjSVk\\_YWlGqwx\\_WnlvJgeAh1Dm5jb6LbseeKSge-JSChsxxYnMwBo6nefsI3lCOns9xD\\_V7-ypXcJkF2EE3eJwbXB2ZlTmIhqjJdB9E5Dnm46F-oPu2-rD0oUiIWJmHFf8yY6qRAMrNfTXm0BmCk1HytMny](https://www.huffpost.com/entry/camel-milk-the-biggest-hu_b_773016?test_ad=readmo_test&guccounter=1&guce_referrer=aHR0cHM6Ly90LmNvL0x2Rlo1ZURjSVk_YWlGqwx_WnlvJgeAh1Dm5jb6LbseeKSge-JSChsxxYnMwBo6nefsI3lCOns9xD_V7-ypXcJkF2EE3eJwbXB2ZlTmIhqjJdB9E5Dnm46F-oPu2-rD0oUiIWJmHFf8yY6qRAMrNfTXm0BmCk1HytMny)



Camels in Nature with Beautiful Calves

### **Camel Milk is a Gift to the Mothers**

Camel milk is the closest you can get to a human mother's milk, with 10 times more iron and three times more vitamin C than cow's milk. It is antibacterial and low in lactose. Used medicinally by nomadic communities for centuries, fermented camel's milk is still popular in Kazakhstan as a treatment for Tuberculosis and for HIV/AIDS in Kenya and Somalia. Research has been conducted into treating Crohn's disease, breast cancer, and autism, however, the most promising studies have been in the field of diabetes.

**Please Respond with your Comments**

A wide and diverse appreciation is ever-increasing about the role of camel milk as a natural health therapy. I suggest you please read point to point about the camel milk and support my cause with your suggestions and comments.

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**Author**

raziz\_u4w9zfug

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