



## Heart Touching Camel Milk Story from Fergana Valley of Uzbekistan

### Description

## A series of camel stories from different regions of the world

### Uzbekistan Central Asia

The milk story is derived from a case study of a camel farm in Fergana. Asrorzhon Khikmatov, a camel herder, has been engaged in herding camels for several years in the steppes of central Fergana in the Rishtan district of the **Fergana region**.

“I fell in love with camels because my father recovered from their milk”

*Hikmatov*

“Several years ago, my father fell ill, he was bedridden for a long time. On the advice of people, I started giving him camel milk and he recovered. Then I fell in love with camels. The father still drinks this milk. Abu Ali ibn Sina in his book “The Canons of Medicine” dwelled on the healing properties of camel milk, which contains three times more vitamins than cow’s milk. Avicenna’s words turned out to be true. I was convinced that camel’s milk cured many diseases by the example of my father, ”explains Asrorjon Hikmatov, president of the Roshidon nasldor tuyalari farm.



## Camel Milk is Considered a Natural Pharmacy

“People come to us for healing milk from the regions, from Kyrgyzstan, Tajikistan, sometimes from Russia. They bring in patients with diabetes mellitus and liver disease. Basically, camel milk cleanses the blood. We plan to conclude an agreement with Turkmenistan and increase the number of camels to 100 in the future. A liter of camel milk now costs 35,000 Soums. Basically, it is bought for medicinal purposes. We give free milk to seriously ill patients in need,” explains the president of the farm.

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## The Milk Production Potential

“In fact, a camel can give up to *10 liters of milk a day*. But our camels give 2 liters each. Because we don’t give them extra food. Camels feed on camel thorns in the pasture. If they are fed more, they will have more milk, but its healing properties will be lost. Unlike other animals, camels are very intelligent. But they need food, like five cows. Basically, they’re insatiable,” smiles Asrorjon Hikmatov.

## The Camels are Milked 3 Times a Day

We have learned that camels are milked *3 times a day: at sunrise, at noon, and in the evening*. We really wanted to watch the morning milking process, so we left for Rishtan, as soon as dawn broke.

## Hikmatov Also Makes Money from the Wool

Camels provide not only milk, he said, but also wool, which is much appreciated: “*1 kg of camel’s wool costs \$ 50*. They make pillows, blankets, clothes out of them. In the future, we intend to start exporting wool. “

## The Detailed Story

The detailed story was shared on the CAMEL-IDEE website. Here is the link to the complete story.  
<https://www.camel-idee.com/le-lait-de-chamelle-en-ouzbekistan/>

## Hikmatov Loves the White Camel

I love the white camel too. So I and the Hikmatov have the same interest. Hikmatov said “I also have a white camel. These camels are very expensive. It’s very valuable to me, so I didn’t sell it even for *50 thousand dollars*. I can gift a small white camel calf to him.

<https://arkbiodiv.com/2012/01/04/kohi-camel-breed-of-suleiman-mountainous-region>  
Kohi camel of Suleiman mountainous region

Please if anyone has a story about the camel, share it with me. I shall publish it on my site and will tag it with World Camel Day.

[History of World Camel Day \(22 June\)](#)

World Camel Day



## **Another Interesting Story of Camel Milk from Uzbekistan**

Here is another link about an interesting camel milk story of a Kazakh cameleer from Uzbekistan.  
<https://www.rferl.org/a/uzbekistan-kazakhi-razvedenie-verblyudov/27304122.html>

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