



## Ours Own Immune System is the First Line of Defense Against the COVID-19

### Description

More than anything, our own defense system (immune) against infections is more important. We can revitalize and energize our immune or defense system by some good steps if taken properly. Such steps are;

1. Taking special food which could be rich in certain nutrients, boosting our defense system
2. Proper physical exercise
3. Good sleep with the quality and duration
4. Turning off the stress machine of the body

*The camel milk is the only and unique food that can help you in all the above 4 important steps*

Camel milk is rich in special molecules like **lactoferrin, Lysozyme, Vitamin C, lactoperoxidase, and immunoglobulin** which boost our immunity. Camel milk is fortified with a special quantity and **composition of minerals** that provide a fine balance of acid-base in the body, **revitalizing our body and minimizing stress-producing hormones**. Camel milk provides calmness because of its very positive impact on our **hormonal system** which triggers our sleep, resulting in very good and deep sleep.

The nutrients richness of the camel milk helps in revitalizing our bodies, giving us special power for a longer and better exercise. Camel milk is free of allergen proteins and intolerant lactose, good, and suitable for all family members.

With a unique composition, camel milk helps in stress control

So, please give a chance to the camel milk, bring it into your food chain, and enjoy a quality life.

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### Author

raziz\_u4w9zfug